



Spatial Dynamics Institute, Inc.

129 Hayes Road, Schuylerville, NY 12871

Tel: 518-695-6377, Fax: 518-695-6955

sdiadmissions@earthlink.net

www.spatialdynamics.com

September 10, 2009

Dear Spatial Dynamics Student,

We are looking forward to your arrival in late October for the first session of SDI's tenth In-Service Training Program in Spatial Dynamics®. You are registered for the West Coast course which will meet at The Presentation Center in Los Gatos, California. Please note this change of location. This letter provides important information about location, travel, and accommodations.

Dates:

The course meets three times per year over a five-year period, beginning with the Foundation Year. Dates for the Foundation Year are:

October 25-30, 2009, March 9-14, 2010, and August 13-23, 2010.

The course begins at 7:30 pm on the first night and concludes at 12:00 noon on the last day. Note that the summer session takes place on the east coast at the Spatial Dynamics Institute in Mechanicville, New York.

Location:

Our location is The Presentation Center, 19480 Bear Creek Road, Los Gatos, California 95033. (see www.presentationcenter.org) Registration will take place at the Main Building Assembly Room beginning at 6:30pm on that first evening. Directions are attached.

Travel and Transportation:

The closest airport is San Jose, California, about 20 minutes away. San Francisco Int'l airport is about an hour from Los Gatos. We will share names and flight information of students who are arriving at the airport so you can try to share a cab or rental car. Indicate on your registration form if you wish to be included in this information. The taxi companies are:

Abay Airport Shuttle --- (408) 250-4680

South/East bay shuttle --- (408) 559-9477

Lion Airport Shuttle/limo --- (408) 901-5466

Students who have cars often help with transportation to/from the airport. Please let us know if you are willing to help by indicating so on your registration form.

Housing/Meals:

The Presentation Center provides lodging and meals for overnight guests. A shared room with all meals included is \$500 per session. A private room with all meals included is \$675 per session. For those living nearby, you have the option of being a commuter student for a day use fee of \$300 per session which includes all meals except breakfast.

What to bring to the session:

We suggest checking the weather for the Los Gatos area for an idea of what to expect. Our general experience is that you will appreciate having **comfortable clothes that layer easily** when the weather or level of exertion changes. These might include: wind pants and jackets, sweat pants, shorts, leggings, tee-shirts, turtlenecks, and socks, plus some warmer layers like a hat, fleece, vest, or sweatshirts. Rain gear is also a good idea.

Shoes will be an important part of your training. Proper shoes assure safety, hygiene, comfort, and performance. Besides your every street shoes, you will need a) outdoor shoes for track and field and outdoor games which will be removed when entering the indoor training facility, b) indoor, light but supportive, exercise shoes for quiet movement on a firm floor, c) gymnastic shoes (eurythmy shoes would work) for acrobatic and mat gymnastics, and d) shoes to dance in, not fancy, but with leather soles to slide easily preventing knee injury.

If you have a set of juggling balls, please bring them along with you to the session.

Please feel free to contact me with any questions at 518-695-6377 or sdiadmissions@earthlink.net.

Best regards,

Kay Zwirn
SDI Admissions

In-Service Training Program 10West
October 25-30, 2009

Please return by October 1st to:

Kay Zwirn
Spacial Dynamics Institute
129 Hayes Road
Schuylerville, NY 12871
Fax: 518-695-6955

Name: _____

Address: _____

Email: _____

Phone: day _____

eve _____

cell _____

Travel:

___ I will have a car

___ I would be willing to help with transportation to and from _____ airport

___ I will be arriving at the _____ airport and want to share a cab

Date/time _____

Airline/Flight # _____

Accommodations:

___ Shared room, with all meals \$500

___ Private room, with all meals \$675

___ Day use, (lunch/dinner) \$300

Payment:

Accommodation/meal fees are payable with checks or money orders written to SDI.

Please send to the address above. We cannot accept credit cards for these payments.

Payment for accommodations MUST accompany your registration form which is due on October 1, 2009.

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***If you would like a receipt for accommodation/meals payment, please indicate here \_\_\_\_\_ and it will be returned to you at the address you have given above.***

***Amount Paid:*** \_\_\_\_\_

***Date:*** \_\_\_\_\_ ***Signature:*** \_\_\_\_\_