

Schedule: Students train intensively for 5 days in the fall and 5 days week in the spring, and for an ten-day session in the summer. Applicants will receive complete and timely information before the courses begin. The five year Level I Spacial Dynamics Training Program consists of 20 weeks. Full participation in 17 weeks is required for graduation, and to receive a Level I Spacial Dynamics Practitioner Diploma.

Introductory sessions for the 2011-12 school year are scheduled for

Mechanicville, NY: October 8-12, 2011

Vancouver, BC: October 23-27, 2011

Austin, TX: November 3-7, 2011

Tuition/Terms: The tuition is \$2,750 per school year. A payment plan allows students to pay on a monthly, quarterly, or biannual basis. It must be stressed that the course fee is calculated for the year rather than per session. No refunds can be given for sessions that are not attended. A nonrefundable, one-time registration fee of \$200 must accompany applications for the course, which is in addition to the tuition cost. Each student will be responsible for his or her board and lodging. The Spacial Dynamics Institute will endeavor to help students find board and lodging options at a reasonable cost. A medical statement, and a waiver and release form, must be completed by each applicant before the first

“More than ever before, the future will depend upon our ability to change.”

Jaimen McMillan, SDI's Director and the founder of Spacial Dynamics®, has been training movement educators, movement therapists, and other movement professionals for over three decades. A registered movement therapist (RMT), he carries a private therapeutic practice, works with the handicapped, with top-level athletes, and with movement artists, including actors, dancers, and mimes. He also serves as a movement consultant for businesses in injury prevention and team building. He has directed North American Training Programs in Spacial Dynamics® since 1985, directs the growing trainings in Europe, Canada, and South America, and gives lectures and workshops worldwide.



Jaimen is assisted in the trainings by a growing core of movement professionals, Level III instructors, and guest contributors who are specialists in their fields. Jaimen writes for health and educational publications and is a contributor to “Zirkus Spielen” and co-authored the book “The Fourfold Path to Healing” with Dr. Tom Cowan and Sally Fallon.

Spacial Dynamics Institute

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Spacial Dynamics®

Level I Training



***Begins
Fall of 2011
in
North America
Mechanicville, NY
Austin, TX
Vancouver, BC, Canada***



Spacial Dynamics Institute

Spacial Dynamics® is the study of the interplay between the human being and space. This discipline is not only for movement professionals, but for all who choose to enlarge and enliven their spheres of attentiveness, intention, and influence. Space itself is normally a neglected component in the study of human movement, human development, and human health. When not overlooked altogether, it is most often regarded as something abstract, limited, or—worse yet—simply empty. The body and its surrounding spaces can move as a continuum which can enhance effectiveness, ease, awareness, and presence.



**“Space is not a void.
Space is alive.”**

Students of Spacial Dynamics® learn to meet space as a vibrant, living medium, and movement as a dynamic force that can span distances at will. They are guided to understand the principles involved in interacting with space in movement activities, in learning, in social, pedagogical, and therapeutic situations, and in personal development.

Those who have been drawn to this discipline and have found it helpful, include classroom teachers, special education and remedial teachers, business and computer professionals, language and subject teachers, administrators, board members, musicians, dancers, and actors—along with gym teachers, top-level athletes, coaches, participants in a variety of sports, acrobats, jugglers, clowns, mimes, outdoor educators and enthusiasts as well as doctors, midwives, hospice workers, physical therapists, movement therapists, personal trainers, chiropractors and consultants.

**“Spacial Dynamics® is the
art and science of ability.”**



The name Spacial Dynamics® was coined in 1984. It is the internationally registered name for a growing body of spatially oriented movement exercises, activities, and games, a unique spatial approach to posture, and a refined method of movement observation and analysis developed and worked out by Jaimen McMillan, Director of the Spacial Dynamics Institute, after years of intensive study, teaching, and therapeutic work with children and adults around the globe.

Spacial Dynamics® has also pioneered healthy movement in the social sphere with communication and conflict resolution exercises. The Spacial Dynamics PACT Model (Pentathlon, Arts, Communication, Truce) is the basis of Hands in Peace®, an international movement which brings together children from communities and countries which are in conflict with each other. Modeled on the ideals of the ancient Greek Pentathlon, the festivals introduce a modern twist: instead of competition --- communication and cooperation. Combining athletics and the arts, the children who came as enemies, move together gracefully towards peace.

The Spacial Dynamics Institute conducts the In-Service Training Programs and regular courses in Spacial Dynamics® in the U.S. in New York, Texas, California, and Oregon, as well as in Canada, France, Germany, Hungary, Italy and Argentina. The full five-year training consists of a Foundation Year plus a Four-Year Training Program. The In-Service character gives a hands-on, practical accent. The length and rhythm of the program allows for personal growth, widening understanding, and deepening teaching, remedial, and therapeutic skills. Among the requirements that are essential for anyone wishing to enroll in the program are: a joy in movement; the physical and emotional health necessary for the occupation of a teacher, therapist or consultant; the desire and ability to implement and follow through on an individual study program, which will include practicing and developing skills, carrying out creative projects, reading, and inner researching; the interest and openness to actively explore, in thought and movement, ideals of the human being as a physical, enlivened, ensouled, and enspirited being.

**“To meet another person
with clarity and fairness
is perhaps the greatest movement of all.”**



Goals: The full five-year program trains students in the discipline of Spacial Dynamics, which will benefit movement professionals—teachers, therapists, artists, and consultants. It will also enhance the effectiveness of class-, specialist-, and remedial teachers, as well as parents and all those interested in gaining a greater understanding of the relationship between movement, spatial development, learning, coaching, and consulting. Goals of the part-time training program are to develop the quality of each participant's own movement, the ability to perceive the effect of movements on oneself and others, an understanding of the role of movement in the spatial development that takes place from child to adult, the ability to teach and apply Spacial Dynamics® principles in any given activity, the capacity to recognize, understand, and work remedially with problems that stem from incomplete or interrupted physical-spatial coordination.

Curriculum: The course includes Spacial Dynamics® exercises, Bothmer Gymnastic® exercises, sports, indoor and outdoor games, track and field, exercises for the classroom, tumbling and acrobatics, archery, fencing, circus arts, juggling group building exercise and dance. Also included are posture exercises, movement observation and analysis, teaching methods, therapeutic hands-on techniques, and remedial applications. The course will draw upon the ideas and practical applications of such thinkers as George Adams, Albert Einstein, M.C. Escher, Edward T. Hall, August Nitschke, Jean Piaget, Johannes Rohen, Theodor Schwenk, Viktor Schauberger, Jaap van der Wal, and Rudolf Steiner. It is not necessary to be an outstanding athlete to join the program. Former and present trainees vary widely in their experience, abilities, and ages. They are united in their desire to pursue a study of spatially oriented movement. Each member of the group moves individually toward his/her own goals.