

Schedule: Students train intensively for one week in the fall and one week in the spring, and for an eleven-day session in the summer. Applicants will receive complete and timely information before the courses begin. The five year Level I Spacial Dynamics Training Program consists of 20 weeks. Full participation in 17 weeks is required for graduation, and to receive a Level I Spacial Dynamics practitioner diploma

Tuition/Terms: The current tuition is \$2,500 per school year. A payment plan allows students to pay on a monthly, quarterly, or biannual basis. It must be stressed that the course fee is calculated for the year rather than per session. No refunds can be given for sessions that are not attended. A nonrefundable, one-time deposit of \$100 must accompany applications for the course, which is in addition to the tuition cost. Each student will be responsible for his or her board and lodging and the Spacial Dynamics Institute will endeavor to help students find board and lodging options at a reasonable cost. A medical statement, to be signed by a physician, and a waiver and release form, must be completed by each applicant before the first session. The decision to continue or terminate the training, from either side, is made at the end of the first year. The full five-year Training Program does not qualify students to train others as teachers or therapists.

Jaimen McMillan, SDI's Director and the founder of Spacial Dynamics®, has been training movement educators, movement therapists, and other movement professionals for over three decades. A registered movement therapist (RMT), he carries a private therapeutic practice, works with the handicapped, with top-level athletes, and with movement artists, including actors, dancers, and mimes. He also serves as a movement consultant for businesses in Spacial Ergonomics. He has directed the North American In-Service Training Program in Spacial Dynamics® since 1989, and the Middle European Training in Stuttgart, Germany. He also teaches in England and Hungary, and gives lectures and workshops worldwide. Jaimen is assisted in the trainings by a growing core of movement professionals and guest instructors who are specialists in their fields.



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Spacial Dynamics Institute



New Training Courses in Spacial Dynamics®



Fall and Spring Sessions

Mechanicville, New York

September 30– October 5, 2009 March 23-28, 2010

Los Gatos, California

October 25-30, 2009 February 27-March 4, 2010

Austin, Texas

January 14-19, 2010 April 22-27, 2010

Summer Session (All Groups)

Mechanicville, New York

August 13-23, 2010

Level I Certification in Spacial Dynamics®

Spacial Dynamics® is the study of the interplay between the human being and space. It is not only for movement professionals but for all who choose to enlarge and enliven their spheres of attentiveness, intention, and influence. **Space itself is normally a neglected component in the study of human movement, human development, and human health. When not overlooked altogether, it is most often regarded as something abstract, limited, or—worse yet—simply empty. The body and its surrounding spaces can move as a continuum which can enhance effectiveness, ease, awareness, and presence.**

Students of Spacial Dynamics® learn to meet space as a vibrant, living medium, and movement as a dynamic force that can span distances at will. They are guided to understand the principles involved in interacting with space in movement activities, in learning, in social, pedagogical, and therapeutic situations, and in personal development. **Those who have been drawn to this discipline and have found it helpful include classroom teachers, special education and remedial teachers, business and computer professionals, musicians, dancers, and actors—along with gym teachers, top-level athletes, coaches, participants in a variety of sports, acrobats, jugglers, clowns, mimes, outdoor educators and movers (rock climbers, skiers, mountain bikers, kayakers...), as well as doctors, midwives, hospice workers, physical therapists, movement therapists, personal trainers, and chiropractors.**

The name Spacial Dynamics® was coined in 1984. It is now the internationally registered name for a growing body of spatially oriented movement exercises, activities, and games, a unique spatial approach to posture, and a refined method of movement observation and analysis developed and worked out by Jaimen McMillan (Director of the Spacial Dynamics Institute) over some thirty years of intensive study, teaching, and therapeutic work with children and adults in the U.S. and Europe.



Spacial Dynamics® has also pioneered healthy movement in the social sphere with communication and conflict resolution exercises. The Spacial Dynamics PACT Model (Pentathlon, Arts, Communication, Truce) is the basis of Hands in Peace, an international movement which brings together children from communities and countries which are in conflict with each other. Modeled on the ideals

of the ancient Greek Pentathlon, the festivals introduce a modern twist: instead of competition- communication and cooperation. Combining athletics and the arts, the children who came as enemies, move together towards peace.

The Spacial Dynamics Institute conducts the In-Service Training Programs in Spacial Dynamics® in the U.S. in New York, Texas, California, and Oregon, as well as in France, Germany, and Hungary.

The five-year training consists of a Foundation Year plus a Four-Year Training Program. The In-Service character gives a hands-on, practical accent. The length of the program allows for personal growth, widening understanding, and deepening teaching, remedial, and therapeutic skills. Among the requirements that are essential for anyone wishing to enroll in the program are: a joy in movement; the physical and emotional health necessary for the occupation of teacher or therapist; the desire and ability to implement and follow through on an individual study program, which will include practicing and developing skills, carrying out creative projects, reading, and inner researching; the interest and openness to actively explore, in thought and movement, ideals of the human being as a physical, enlivened, ensouled, and enspirited being.

Goals: The full five-year program trains students in the discipline of Spacial Dynamics, which will benefit movement professionals— teachers, therapists, artists, and consultants. It will also enhance the effectiveness of class-, specialist-, and remedial teachers, as well as parents and all those interested in gaining a greater understanding of the relationship between movement, spatial development, learning, and remedial processes. **Goals of the part-time training program are to develop the quality of each participant's own movement, the ability to perceive the effect of movements on oneself and others, an understanding of the role of movement in the spatial development that takes place from child to adult, the ability to teach and apply Spacial Dynamics® principles in any given activity, the capacity to recognize, understand, and work remedially with problems that stem from incomplete or interrupted physical-spatial coordination.**



Curriculum: The course includes Spacial Dynamics® exercises, Bothmer exercises®, sports, indoor and outdoor games, track and field, exercises for the classroom, tumbling and acrobatics, stave exercises, stave fencing, circus arts and juggling. Also included are posture exercises, movement observation, and analysis, teaching methods, therapeutic techniques, and remedial applications. The course will draw upon the ideas and practical applications of such thinkers as George Adams, Albert Einstein, M.C. Escher, Edward T. Hall, August Nitschke, Jean Piaget, Johannes Rohen, Theodor Schwenk, and Rudolf Steiner. It is not necessary to be an outstanding athlete to join the program. Former and present trainees vary widely in their experience, abilities, and ages. They are united in their desire to pursue a study of spatially oriented movement. Each person is encouraged to enter into each activity to the extent that they wish to be challenged.