



The **ROSE** Course

Review of Streams Energizer

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Do you want to be up to date on the latest developments in Spacial Dynamics? Don't miss this course! Perhaps the most intriguing contribution of Spacial Dynamics to the field of movement are the "streams." The streams are dynamic pathways in the space around the body which help interweave puzzled pieces back to a unified Gestalt. Physical clumsiness and soul alienation give way to cohesive movements that are enlivening and awakening. The muscles and the joints follow new, dynamic movement maps toward long forgotten archetypes.

In this course, we will put the accent on learning and thoroughly practicing a myriad of Spacial Dynamic streams, both in giving and receiving these soothing and energizing hands-on techniques. We will then apply them to Bothmer® and Spacial Dynamics® exercises to test their effectiveness in consciously creating new connections to our bodies, surrounding space, others, and yourself. Give yourself a Rose. Arise. Come to this course and put Humpty Dumpty together again!

This course is open to SDI students and graduates for Level II credit. We will begin at 7:30 on the first night and conclude at 12:00 noon on the last day. Tuition for this course is \$500. Please contact sdiadmissions@earthlink.net or 518-695-6377 for information and to register.



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