



Pentathlon Certification Course

Jaimen McMillan

with

Thom Schaefer and Valerie Baadh

July 9 -13, 2012

George Washington Carver High School 10101 Systems Pkwy, Sacramento, CA 95827

Ever wanted to move gracefully and delve deeply into the secrets of the movements of the Ancient Greeks? Throw a javelin that touches the sky and the hearts of children? Learn to teach children to stand their ground while meeting the other fairly? Will you or someone in your school, be teaching the 5th grade and want to include the Pentathlon? The Spacial Dynamics Institute launches its Level II program in Movement Education with the Pentathlon Certification Course for those teaching or wishing to teach the five archetypal gestures of the ancient Pentathlon: running, jumping, wrestling, discus and javelin.

The Fifth Grade Olympiad Festival, a Spacial Dynamics gift to the Waldorf Schools, developed nearly 30 years ago by Jaimen McMillan and Thom Schaefer, is one of the highlights of the Waldorf curriculum around the globe. It is based upon a model which has not only proven successful in school settings, but also in Hands in Peace, an international children's peace festival for children from counties in conflict. These Games have taken place all over the world, with major festival having taken place in Greece, Ecuador, China, and the US.

Join Jaimen McMillan and his team of experienced instructors in an exploration of a re-envisioning cooperation, rather than competition for youth. Whether you're a Waldorf teacher, a charter school teacher or a parent, don't miss this chance to be part of a new approach to Movement Education for the 21st century, and to receive a certification as a Pentathlon Instructor.

Level II credit in Spacial Dynamics Movement Education granted for this course. The Pentathlon Certification Course is a core, required course of the Level II in Movement Education.

This course is open to the public. Program begins at 8:00 am on Monday July 9th and ends at 12:00 noon on July 13th. Course fee is \$500. Accommodations are not included.

For more information and registration, contact sdiadmissions@earthlink.net or visit www.spacialdynamics.com



Spacial Dynamics Institute 129 Hayes Road Schuylerville, New York 12871

518-695-6377 518-695-6955 (fax)

Pentathlon Certification Course July 9-13, 2011

Course Location: George Washington Carver High School 10101 Systems Pkwy, Sacramento, CA 95827

Name: _____

Address: _____ E-mail: _____

Telephone: (day) _____ (eve) _____

Course Fee: \$500

Check Enclosed check # _____ (check payable to SDI)

Charge my credit card: MC or Visa only # _____ Exp. _____

Transportation:

___ I will have a car ___ I will be arriving at the _____ airport and want to team up for a cab or limo

Flight info: Arrival Date /Time _____ Airline/Flight # _____ From _____

Housing Suggestions:

Holiday Inn 11269 Point East Dr. Rancho Cordova, CA 916-635-4040

Hotel Sierra 11260 Point East Dr. Rancho Cordova, CA 916-638-4141

Red Roof Inn 10800 Olson Dr. Rancho Cordova, CA 916-638-2500

Fairfield Inn 10745 Gold Center Dr. Rancho Cordova, CA 916-858-8680

Red Lion Inn 10713 White Rock Rd. Rancho Cordova, CA 916-631-7500

If you are interested in a homestay arrangement, contact Prajna Ginty at flowingriverus@gmail.com

Please return by June 25th to:

**Kay Zwirn
Spacial Dynamics Institute
129 Hayes Road
Schuylerville, NY 12871**