



Jaimen McMillan

Director,
Spacial Dynamics Institute

October 6-9,
2012

Mechanicville, New York

The thirteenth sense— the sense of humor. This course will deal with pedagogical, prophylactic, and therapeutic aspects of humor. We will chuckle as we examine different forms of humor, from every day fun to the poignant pun, to the riddle half done. We look for movements that are hidden in different forms of humor, what movement we make in response, and weigh which movements are truly healthy and worthy. We will intersperse our merry musings with plenty of Bothmer® and Spacial Dynamics® exercises and find ways to make these movements even more light-hearted. Please bring your favorite jokes, stories, riddles, and games to share and swipe. We will glimpse the spiritual activity involved in humor and see it is no laughing matter! This course is for everyone. No prerequisites, just a healthy funny bone and willingness to laugh at yourself. We will begin at 7:30 on the first night and conclude at 12:00 noon on the last day. Tuition is \$500. SDI graduates receive Level II credit.



Spacial Dynamics Institute

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Humor Course October 6-9, 2012
Spacial Dynamics Institute Mechanicville, NY 12118

Name: _____

Address: _____ E-mail: _____

Telephone: (day) _____ (eve) _____

Course Fee: \$500

Check Enclosed _____ check # _____ (check payable to SDI)

Please charge my credit card: \$500 ()
MasterCard or Visa number: _____ Exp. Date _____

Signature: _____

Transportation:

____ I will have a car ____ I will not have a car

____ I will be arriving at the Albany airport and want to share a cab

Arrival Date /Time _____ Airline/Flight # _____ From _____

Recommended Accommodations:

River House Bed and Breakfast 2 S. Main St. Mechanicville (next to SDI)
518-541-2070 riverhouse2@hotmail.com \$75 per night single, \$45 per person shared/twin beds,
includes full breakfast

Stillpoint Interfaith Retreat Center Stillpoint Rd, Stillwater (7 miles) 518-587-4967
www.stillpointretreatcenter.com sleeping bag space in meditation room \$15 per night,
small guest rooms and cabins \$ 50-75 per night

Gallardo Apartments Main St. Mechanicville (across from SDI) or 518-361-0905
or davidagallardo@yahoo.com , shared apartments with kitchen, \$25 per person per night

Best Western 617 Plank Road Clifton Park (20 minute drive) 518-371-1811

Please return by September 15th to:
Kay Zwiern
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Schuylerville, NY 12871
Fax: 518-695-6955 sdiadmissions@earthlink.net