

***17th Annual Movement Education Conference  
Dance 2010 July 19-23, 2010 Mechanicville, New York***

Name: \_\_\_\_\_

Address: \_\_\_\_\_ E-mail: \_\_\_\_\_

Telephone \_\_\_\_\_ Cell \_\_\_\_\_

**Course Fee: \$500**

Check Enclosed \_\_\_\_\_ check # \_\_\_\_\_ (check payable to SDI)

Please charge my credit card: \$500 ( )

MasterCard or Visa number: \_\_\_\_\_ Exp. Date \_\_\_\_\_

**Transportation:**

I will have a car  I will not have a car

I will be arriving at the Albany airport and want to share a cab

Arrival Date /Time \_\_\_\_\_ Airline/Flight # \_\_\_\_\_ From \_\_\_\_\_

Departure Date?time: \_\_\_\_\_

**Accommodations : See next page for options.**

I will be staying at \_\_\_\_\_.

**Please return by July 1st to:**

Kay Zwirn

Spacial Dynamics Institute

129 Hayes Road

Schuylerville, NY 12871

Fax: 518-695-6955 sdiadmissions@earthlink.net

## Practical Information Mechanicville Location

**Location:** Spacial Dynamics Institute 10 N. Main St. Mechanicville, NY 12118

**Taxis: Ricks Taxi** (Mechanicville) 518-892-3052

**Lighthouse Taxi** (Mechanicville): 518-664-3223

**Capitaland Taxi** (Albany): 518 242-4222.

### Directions:

**From Airport and South:** North on I-87 to Exit 9 to RT 146 East. Follow Hwy. 146 into Mechanicville past

where it joins Central Ave., Hwy.32, and Hwy. 4 going North. Just past the CVS Pharmacy on the right,

take a right on Park Ave. Take a left onto N. Main St.

**From North:** South on I-87 to Exit 12 to RT. 67 East and South through Malta into Mechanicville where RT 67 turns right and merges with N. Main Street..

**From East:** South on I-91 to Brattleboro. Hwy 9 west to Bennington. Hwy 67A north to North Bennington.

Hwy 67 west through Hoosick Falls and Schaghticoke before going across the bridge over the Hudson River.

Take 1<sup>st</sup> left after driving over the bridge, onto N. Main Street.

### Recommended Accommodations:

**Upriver House Bed and Breakfast** 2 S. Main St. Mechanicville (next to SDI) 518-695-6377  
\$75 per night single, \$35-\$45 per person shared/twin beds, includes full breakfast

**Cottage on the Hudson** 93 Hudson Avenue, Stillwater (3 miles) 518-664-8780 or  
[gcook1@nycap.rr.com](mailto:gcook1@nycap.rr.com)

\$70 per night ( single or double, you can share), kitchen privileges for breakfast

**Stillpoint Interfaith Retreat Center** Stillpoint Rd, Stillwater (7 miles) 518-587-4967

[www.stillpointretreatcenter.com](http://www.stillpointretreatcenter.com)

- sleeping bag space in meditation room \$15 per night
- small guest rooms and cabins \$ 50-75 per night
- tent camping \$15 per night

**Gallardo Apartments** Main St. Mechanicville (across from SDI) or 518-361-0905 or  
[davidagallardo@yahoo.com](mailto:davidagallardo@yahoo.com) shared apartments with kitchen, \$25 per person per night

**Best Western** 617 Plank Road Clifton Park ( 20 minute drive) 518-371-1811

**Comfort Inn** 41 Fire Road, Clifton Park (20 minute drive) 518-373-0222

**Hampton Inn Clifton Park** 620 Plank Road, Clifton Park 518-373-2345