

# Virtual Reality



## Reality as a Virtue

**Evening Lecture by Jaimen McMillan**

**Friday, February 11, 2011**

**7:00 pm**

**City of Lakes Waldorf School**

**2344 Nicollet Avenue South, Minneapolis**

There is a battle going on for the minds and souls of your children. Their bodies are secondary casualties, victims of “friendly fire.” The battle is real. The enemy is virtual. The elusive lure of virtual reality – TV’s, computers, iPhones, video games, and electronic music threaten to program the children’s minds, paralyze their bodies, while shrewdly shaping their souls. It is challenging to face an opponent who never shows you his true face. Especially, one who’s promising charm and magical allure seems more enticing than everyday reality.

In this evening talk, we will unmask these threats to see that the greatest danger lies in our not consciously countering it. Come join us as we discuss techniques to help our children navigate more safely through the virtual worlds. We will share stories of our own children that will make us laugh, and some that will make us shudder. We will see how some answers lie in helping our children “come to their senses.” The conundrum of virtual reality won’t go away. Real answers might be sought by simply “getting real”; from direct experiences from the “school of hard knocks.” Could interacting with the three-dimensional real world give us clues to move from the virtual towards virtue?

Jaimen McMillan, internationally recognized presenter and author, is a Registered Somatic Movement Therapist (RSMT) and member of the International Somatic Movement Education & Therapy Association (ISMETA). He was the co-director of the Bothmer Gymnastic School in Stuttgart for 25 years and is the founder of the discipline of Spacial Dynamics® and directs trainings in the US and in Europe.

**For more information, call 612-767-1550**

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